



Monday

2
BREAKFAST
 Rice Krispies & Cheese Stick (V)
 Sliced Apples
LUNCH
 Chicken Tenders
 Broccoli
 Orange Slices

Tuesday

3
BREAKFAST
 Egg & Cheese Sandwich (V)
 Pear Fruit Cup
LUNCH
 Cheese Quesadilla (V)
 Beans
 Watermelon

Wednesday

4
BREAKFAST
 Blueberry Waffle (V)
 Craisins
LUNCH
 Cheeseburger
 Grape Tomatoes
 Fruit Juice

Thursday

5
BREAKFAST
 Sausage Breakfast Pizza
 Raspberry Applesauce
LUNCH
 Mini Corn Dogs
 Veggie Blend
 Strawberries

Friday

6
BREAKFAST
 Maple Pancakes (V)
 Banana
LUNCH
 Pepperoni Pizza (P)
 Baby Carrots
 Fruit Salad

Pre-K BIC
Breakfast in Classroom
& Lunch Menu
DECEMBER 2019

Student Breakfast - \$1.25*
Adult Breakfast - \$1.60
Student Lunch - \$2.65*
Adult Lunch - \$3.55

- *unless eligible for free/reduced meal program*
- Fresh fruits and vegetables served daily.
 - (V) Denotes vegetarian item
 - (P) Denotes pork item
 - **All meals served with 1% white milk**
- *Menu subject to change

9
BREAKFAST
 Frosted Mini Wheats (V)
 Sliced Apples
LUNCH
 Popcorn Chicken with Breadstick
 Cinnamon Sweet Potatoes
 Fruit Juice

10
BREAKFAST
 Country Chicken Biscuit
 Peach Fruit Cup
LUNCH
 Chicken Sandwich
 Tomato Wedges
 Blueberries

11
BREAKFAST
 Cherry Frudel (V)
 Fresh Orange
LUNCH
 Cheeseburger
 French Fries
 Honeydew

12
BREAKFAST
 Kolache
 Applesauce
LUNCH
 Chicken Penne Alfredo
 Roasted Zucchini
 Applesauce

13
BREAKFAST
 Rice Krispies & Cheese Stick (V)
 Fruit Cup
LUNCH
 Cheese Pizza (V)
 Cucumber
 Orange Juice

16
BREAKFAST
 Maple Pancakes (V)
 Apple Slices
LUNCH
 Spaghetti with Meat Sauce
 Celery
 Apple Juice

17
BREAKFAST
 Sausage Breakfast Pizza (V)
 Pear Fruit Cup
LUNCH
 BBQ Chicken Sandwich
 Tater Bites
 Orange Slices

18
BREAKFAST
 Berry French Toast (V)
 Craisins
LUNCH
 Cheeseburger
 Roasted Carrots
 Strawberries

19
BREAKFAST
 Turkey Pancake Wrap
 Applesauce
LUNCH
 Hot Dog
 Baked Beans
 Pineapple

20
BREAKFAST
 Strawberry Pancakes (V)
 Craisins
LUNCH
 Pepperoni Pizza (P)
 Broccoli
 Orange Juice

23
 No School

24
 No School

25
 No School

26
 No School

27
 No School

30
 No School

31
 No School

31
 No School

31
 No School

31
 *Varies by campus

STAY UP TO DATE

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LISD Child Nutrition

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